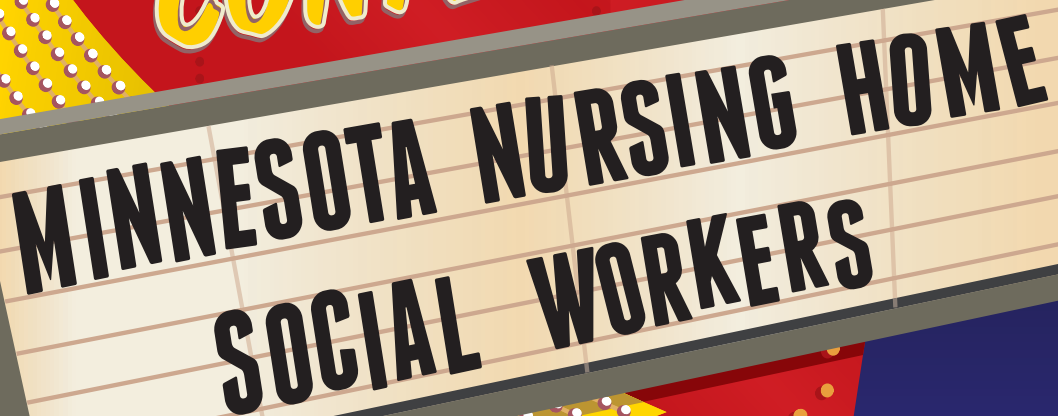




# 2011 FALL CONFERENCE



**MINNESOTA NURSING HOME  
SOCIAL WORKERS**



**September 27th & 28th  
Holiday Inn • St. Cloud, MN**

MNHSWA is dedicated  
to enhancing *Total Person  
Care* through advocacy,  
education, leadership  
and support



## 2011 MNHSPA Fall Conference

### Monday, September 26th

5:00-7:00 p.m. MNHSPA Board Mtg (Board Room)  
7:00-8:30 Vendor Set-up (Poolside Area)

### Tuesday, September 27th

7:00 a.m. Vendor Set-up  
7:30-8:30 Registration (Conference Area)  
8:30 Opening Remarks  
8:45-10:15 **April Boxeth** - *Guardianship: When is it Needed & What is the Process?*  
10:15-10:40 Break/Vendor Showcase  
10:40-12:10 **Lores Vlamincik** - *Identification of Hopefulness in Light of Illness*  
12:10-12:30 **Annual Meeting**  
12:30-1:30 p.m. Lunch/Vendor Showcase  
1:30-3:00 **Linda Debner** - *Communication with Those Who Are Dying and Their Families*  
3:00 -3:20 Break/Vendor Showcase  
3:20-4:50 **Joan Olson & David Melbye** - *Spirituality is Alive & Well*  
4:50 Closing Remarks  
5:00 **Board/Chapter Representative Mtg.**  
(Board Room)  
5:30 p.m. - Free Time - Shopping, Eating, Entertainment

### Wednesday, September 28th

7:30-8:00 a.m. Registration & Vendor Showcase  
8:00-8:15 Opening Remarks  
8:15-9:45 **Bonnie Klitze** - *Cultural Diversity: Changing Cultures...Changing Clients*  
9:45-10:00 Break/Vendor Showcase  
10:00-12:00 **Nicholas Smair** - *Technology & Professional Ethics*  
12:00-1:00 Lunch/Vendor Showcase  
1:00-2:30 **Mary McGurran** - *Ethical Dilemmas with Lies & Fibs with Cognitive Impaired People*  
2:30-2:45 Break/Vendor Showcase  
2:45-4:15 **Pat Samples** - *Physical, Mental, Social Benefits of Artistic Creativity for Seniors*  
4:15 p.m. Closing Remarks

**Total CEU's: 12.5**

## That'll Be the Day...

We have reformatted the conference a lot this year, starting with location! You have asked for a different venue, so we are having our conference this year at the Holiday Inn & Suites in St. Cloud! We also changed the dates to the beginning of the week, hoping that those who couldn't get here at the end of the week with workload, etc. could attend this year. The hotel features in-room coffee/tea makers, complimentary hi-speed wireless internet, iron/ironing board, room service (limited hours).

The conference will again provide your 2 hours of Ethics required for social work licensure/renewal. As you look at the schedule again this year, we have organized the topics to pertain to many areas of practice in social work today, as many are cross-covering or working in other areas in geriatric care. This conference will attract social workers from many areas of geriatric social work, including home care, hospital, hospice, nursing home, assisted living, students, and more.

Please ensure that your chapter has one of your chapter representatives at the conference, or that there is a chapter spokesperson present. The MNHSPA Board of Directors is conducting an Annual Mandatory Chapter Representatives Meeting after the conference on Tuesday (refer to calendar), to update each chapter on new information that has been discussed at Board Meetings that affect the entire state and/or your chapter. We feel this is a great way for you to meet the Board of Directors and get information directly from the Board to take back to your chapters. You'll want to make sure someone from your chapter attends this important meeting.

*Features of the Holiday Inn Hotel & Suites for you and/or your family:*



- Children's Pool, Large Pool & Hot Tub
- Exercise Room/Equipment •Bar/Lounge
- Basketball/Game/Arcade Area
- Pool Table •St. Cloud shopping across the street
- Great night life in St. Cloud

## *Rock Around the Clock...*

### **Guardianship: When is it Needed and What is the Process?**

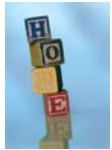
Have a hard time differentiating between guardian, conservator, POA, and when you would use each and why? This course will decipher Minnesota law regarding the roles and duties of guardian, conservator, power of attorney and health care agent and their responsibility to the resident and facility. We will also be able to identify when an alternative decision maker is appropriate and what the facility's role is in appointment of these positions.



April J. Boxeth, is a partner of Voigt, Klegon, and Rode, LLC, practicing in the area of nursing facility collections, conservator/guardian law, probate, senior housing and home care, hospice, civil litigation, and general corporate matters. Ms. Boxeth has worked in the area of nursing facility collections for over 20 years and has significant experience in probate, medical assistance, private and third party accounts receivable. Ms. Boxeth is also a former Business Law Practicum adjunct professor at William Mitchell College of Law.

### **Identification of Hopefulness in Light of Illness**

While the results of this research demonstrate that actions, attitudes, and words of staff do have an impact on the patient's realization of hope, the underlying support systems of family, spiritual faith, and acceptance of the disease process are also critical in the realization and promotion of hope. Learn more about the subjective description of hope as defined by the patient and define ways to encourage the exploration of hope among patients with a life-limiting illness.



Lores Vlaminck, Principle, RN, BSN, MA, CHPN, of Lores Consulting, in Rochester, MN, serves as consultant for palliative care for hospice, home care, and assisted living. Lores continues to share her passion for excellence in care and services through coaching and mentoring. Serving on the MNHPC Board provides a venue to share experiences from a broad base of providers while participating in strategic and purposeful planning. She offers education throughout MN and the nation on palliative and hospice care as a recognized trainer of ELNEC, EPEC, and HPNA curriculums as well as customized training. Lores obtained her BSN and MA in Nursing Education from Bethel University, St. Paul, MN. She participates as member of MNHPC's Standards of Clinical Practice, Development and Membership Committees. She is a member of Aging Services of MN, HPNA, MOLN, and Sigma Theta Tau.

## *Continuing Education Hours*

This conference has been accepted for 12.5 CEU's by the Minnesota Board of Social Work and the MN Board of Examiners for Nursing Home Administrators. CEU's for each session will be handed out at the end of each session. You must be present for the session in order to receive CEU's.

### *Confirmations*

Registration for the conference is confirmed by your submission of the registration form in the brochure or on-line registration form, along with the workshop fee, by the registration deadline. Separate registration forms must be sent for each participant, since we are responsible for verifying attendance on each participant with the BSW and MNBENHA. Facilities paying for the 2-day conference, completing only one registration form, and sending different individuals each day, will receive one conference book for the one participant registered. If you are sharing the conference with colleagues from your facility, you will not be provided a separate conference book, unless you register individually for each day. Additional books will be available for purchase on a limited basis.

### *Refunds*

Refunds will not be made if the participant fails to appear at the conference without notice. All requests for refunds must be made in writing, are subject to a \$40 processing and check cancellation fee. If cancellation is postmarked 1-week or more prior to the conference, the Board will review at the September conference Board Meeting for consideration of reimbursement and you will be notified after the conference of the Board decision. If submitted (postmarked) after 1-week prior, your request for refund will be reviewed at the next Board meeting January 2012. You will be notified after the January Board meeting of the Board decision.

### *Please...*

Because it is difficult to maintain proper room temperature for the comfort of everyone, please bring a jacket or sweater. Also, out of respect of colleagues, please make arrangements for coverage of business or personal pagers and cell phones, if at all possible.

Visit us at: [www.mnhswa.org](http://www.mnhswa.org)!

## Directions to the Holiday Inn & Suites

LOCATED AT THE INTERSECTION OF HWY 15 AND HWY 23, JUST FOLLOW HWY 15 OR HWY 23 TO HOTEL.

FROM I-94 TAKE EXIT 167B (HIGHWAY 15 EXIT) AND FOLLOW 5 MILES.

Directions/additional information can be found on their website:

[www.holidayinn.com/hotels/us/en/st.-cloud/stcmn/hoteldetail/directions](http://www.holidayinn.com/hotels/us/en/st.-cloud/stcmn/hoteldetail/directions)


## Reservations

Make your hotel reservations directly or by using online access. A block of rooms are reserved for MNHNSWA Conference participants. *Please refer to Minnesota Nursing Home Social Workers Association when reserving your room.*

**Reservations must be made by September 12<sup>th</sup>, 2011. Rooms not reserved by the September 12<sup>th</sup>, are subject to availability at that time and conference rates are not guaranteed after deadline.**

### Room Options/Rates:

*(Smoking (S) and non-smoking(NS) available)*

	Handicap Room (NS)-upon request	\$59.95/night
	Single Queen (S/NS)	\$59.95/night
	2 Dbl Beds (S/NS)	\$59.95/night
	2 Dbl Beds (NS) 1st Floor Poolside	\$59.95/night
	2 Dbl Beds (NS) 2nd Floor Pool view	\$59.95/night

**Online reservations may be done by using the above website address. Use "group code: NHS"**

**Phone Number: 1-320-253-9000 directly or Toll-Free 1-800-HOLIDAY.**



Check-In Time is 4:00 p.m.

## Yakety Yak...

### Communication with Those who are Dying and Their Families

It is often very difficult for individuals to talk with those who are dying because they fear of saying the wrong thing; or they are afraid the dying individual will want to talk about the fact that they are dying. Many caregivers don't know what to say to family members both before and after the death of their loved one, so instead of being uncomfortable around them, the caregivers avoid them. Clear, honest communication is important to the patient/client and their families at this fragile time in their lives and as caregivers, we have a responsibility to include excellent communication with the care we deliver. This presentation will focus on the skills needed to provide excellent communication to those we care for.

Linda Debner, RN, MA, is the Director of Community Education for Hospice of the Twin Cities, a community-based, not-for-profit hospice program serving 14 counties in the Mpls/St. Paul Metro area. Linda is responsible for the organization of ongoing education for local medical and lay communities about end-of-life issues, palliative and hospice care. She has presented education locally and nationally and is published in the "Journal of Hospice and Palliative Care." She's been with Hospice of the Twin Cities for over 16 years and has been involved in leadership positions with MNHPC, Mpls Area Senior Workers Assoc., and Care Providers of MN.

### Spirituality is Alive & Well

This course will allow attendees to reflect on their own spiritual journey. We are on a spiritual journey, regardless of faith or belief. We will be able to describe the role that spirituality plays in easing suffering at the end of life. Music therapy may be able to uniquely and effectively heighten the quality of life in patients and their families.



Joan Olson is a board certified chaplain for Hospice of the Twin Cities. She earned her master's degree in Theology and Pastoral Ministry at the College of St. Catherine in St. Paul and completed four units of Clinical Pastoral Education at Hennepin County Medical Center in Mpls. Chaplain Olson has also worked at the Basilica of Saint Mary in Mpls, coordinating adult faith formation and working on community interfaith dialogue. She is a certified spiritual director.

David Melbye developed the music therapy program at Hospice of the Twin Cities since March 2000. He received his BA in Music History from St. Olaf College in 1982 and his Music Therapy Equivalency from U of M in 2000. He has also worked as an LPN. In November 2005, David appeared in & provided the instrumental guitar soundtrack for "Living with Hospice," a documentary film co-produced by Hospice of the Twin Cities and Twin Cities Public Television. He has spoken at state, regional, & national music therapy conferences and at Care Providers of MN.

### **Cultural Diversity: Changing Cultures..Changing Clients**

This is a program designed to address one of the largest challenges our world faces: our changing communities, the issue of differences/similarities, and the impact of immigrants, refugees and asylums on the future of our society. This affects relationships with families, friends, co-workers, and clients; it affects the quality of life for YOU and everyone in your community, state, country and globally. We need to look openly and honestly at our own cultural identity. We will address the challenges of changing and how we view the needs in housing, health care, and institutional facilities as we anticipate the changes in cultures and aging.

Bonnie is a professional speaker and trainer with 30+ years experience. She is a humorist, dramatist, and facilitates personal and professional development seminars for motivation, problem solving, teamwork, humor, human rights, and cultural harmony! Bonnie writes and performs one-woman shows with historical and humorous themes. She served 6 years on the St. Cloud Human Rights Commission, an appointment by the Mayor. She has served many positions in St. Cloud area. Her involvement with immigrants began in the late 1970's working with relocation of SE Asian refugees, in the 1980's with Central and South American refugees, in 1990's Eastern European refugees and the last 10 years with African refugees from Sudan and Somalia.

### **Technology and Professional Ethics**

Technological change is so rapid that professional social work practice must race to keep up in the regard to standards for practice and addressing the ethical issues and dilemmas which arise from the use of technology. This session will employ scenarios to illustrate a number of problems posed by technology, especially in regard to ethical practice, and then engage participants in discussion of the resolution of the issues and dilemmas. Topics addressed will be privacy and confidentiality, use and abuse of the internet, the use of technology as a practice tool, and obligations of the social worker.



Nick Smiar is Professor Emeritus of Social Work at the University of Wisconsin - Eau Claire, where he taught social work for 20 years. His bachelor's degree is in classical languages from St. Meinrad College (1964). He earned a master's degree and doctoral candidacy in theology and church history at the Divinity School of the University of Chicago (1968 and 1970). His MSW and PhD are from the Jane Addams College of Social Work, University of Illinois at Chicago (1973 and 1986). His special interests are child and family welfare, social welfare policy, social welfare history, community organization and macro practice, international social work and child and youth care work, and ethics. He has served as an expert witness on ethics in federal district court. Nick is co-owner of Professional Assault Crisis Training (Pro-ACT), San Clemente, CA.

### **Ethical Dilemmas with White Lies and Fibs with Cognitive Impairments**

Have you ever thought about potential consequences to our patients/clients/families/coworkers, when we use or recommend using a fib or a lie? We will be able to identify ethical principles in conflict with considering the use of a lie. Are there circumstances where the use of a lie may be ethically permissible?

Mary McGurran is a licensed social worker with Volunteers of America MN Senior Services Care Management and Protective Services Programs. She has been a social worker for over 25 years, receiving her bachelor's degree from the St. Catherine University in St. Paul, MN. She is a member of the National Guardianship Association, an approved educator for the National Guardianship Association and serves on NGA's Ethics and Standards Committee. Her passion is in ensuring that people receive the needed services while focusing on ethical balance of an individual's right to independence and the need to protect from harm and self-neglect. She also has a passion for working with the isolated unbefriended elderly.

### **The Physical, Mental, and Social Benefits of Creative Self-Expression Through the Arts for Seniors**

Artistic activity is not only enjoyable and culturally enriching, but research shows it significantly improves mental and physical health in older adults. Older adults involved in creative self-expression also complete important developmental tasks of their later years such as legacy leaving and finding meaning. Learn from this presentation about the brain's late-life creative spurt and how aging contributes to creative potential. Learn how you can take part in increasing the artistic creative activity in older Minnesotans.



Pat Samples, MFA, MA, is co-founder of the Minnesota Creative Arts and Aging Network (MnCAAN), a non-profit organization dedicated to expanding opportunities for artistic self-expression by older Minnesotans. She has served as MnCAAN's coordinator the past 4 years, organizing four statewide conferences, coordinating the production of a film on *tpt* on Creativity and Aging, leading semi-monthly *Creative Aging Around Town* forums, and managing an interactive website resource center. Ms. Samples has a MA in human development and an MFA in creative writing. She is the author of 8 books, including "*The Secret Wisdom of a Woman's Body: Freeing Yourself to Live Passionately and Age Fearlessly.*"

## Individual Conference Registration

(please use a separate form for each person)

Name: \_\_\_\_\_ Facility/School: \_\_\_\_\_  
Facility/School Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Are you a current MNHSWA member? Yes \_\_\_ No \_\_\_  
Which Chapter is your membership in? \_\_\_\_\_ Are You a Chapter Representative? Yes \_\_\_ No \_\_\_

## Registration Fees

Registration Fees include breakfast and lunch each registered day and conference book.

**Complete the form and mail to address below:**

### Full Conference: Tuesday - Wednesday (12.5 CEU's):

\_\_\_\_\_ Member: \$110.00  
\_\_\_\_\_ Non-Member: \$160.00  
\_\_\_\_\_ Student: \$ 80.00

### Tuesday only (6.0 CEU's)

\_\_\_\_\_ Member : \$ 80.00  
\_\_\_\_\_ Non-Member: \$130.00  
\_\_\_\_\_ Student: \$ 50.00

### Wednesday only (6.5 CEU's)

\_\_\_\_\_ Member: \$ 80.00  
\_\_\_\_\_ Non-Member: \$130.00  
\_\_\_\_\_ Student: \$ 50.00

Forms & Registration are also available  
on our MNHSWA Website!  
[www.mnhswa.org](http://www.mnhswa.org)!

On-Line registrations will need to be  
completed, printed, and mailed in.  
We are unable to process credit cards.

\* If your registration form is not postmarked by September 12<sup>th</sup>, please add \$40 for late registration fee. If registration money/late fee is not included in your registration, your conference registration will be held at the conference until the late fee is paid. There will not be receipts issued for late registration money received at the conference.

Make checks out to MNHSWA and postmark by September 12<sup>th</sup>, 2011

To: Dawn Popowski

P.O. Box 106 .

Hendricks, MN 56136

Questions regarding registration:

[dawn.popowski@hendrickshosp.org](mailto:dawn.popowski@hendrickshosp.org)

☛ NO CREDIT CARDS OR PURCHASE ORDERS WILL BE ACCEPTED. If you need a receipt, please copy your registration form or check prior to mailing. We will not issue receipts or copies.

☛ One conference book will be issued for each registered individual. Additional books may be purchased at the conference.